ABBREVIATIONS: MDT COMPREHENSION SELF-TEST - PART D

ANR = Adherent Nerve Root
B = Better
DECR = Decrease
DP = Directional preference
ERP = End range pain
EXT = Extension
FLEX = Flexion
HEP = Home exercise program
INCR = Increase
LAT FLEX = Lateral Flexion
L = Left
MDT = Mechanical diagnosis & therapy
MUR = Mechanically unresponsive radiculopathy
MVA = Motor vehicle accident
NE = No Effect
NB = No Better
NW = No Worse
PDM = Pain during movement
PROD = Produced
PROT = Protrusion
R = Right
Rep = Repeated
RET = Retraction
RET + EXT = Retraction and extension
ROM = ROM
ROT = Rotation
W = Worse